



Centre for Sustainable Healthcare

Food and Nutrition Network Event

Chaired by: Avril Aslett-Bentley RD, RNutr (Public Health)

Consultant Registered Dietitian & Nutritionist

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Teesside
University



Tees, Esk and Wear Valleys
NHS Foundation Trust

Mental Health Perspectives on Sustainable Food & Nutrition

Jo Smith, Consultant Dietitian Tees, Esk and Wear Valleys NHS
Foundation Trust, Clinical Academic Teesside University

29th August 2023

School of Health & Life Sciences

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