

Sustainable healthcare topics relevant for MPharm students.

These articles are all taken from the following BMJ webpage: [Sustainable practice: what can I do?](#) I have tried to extract and link the articles most relevant to the MPharm, but do take a look at the original page to see if you find anything else useful.

Drug and prescribing related:

[Reducing drug waste in hospitals](#)

[Review patients with high anticholinergic burden](#)

[Reducing frequency of iron supplements](#)

[Reducing unnecessary PPI prescribing](#)

[Why tablets are better for the environment](#)

[Switch from IV to oral medications](#)

Preventative healthcare and prescribing related:

[Do not routinely test for vit D levels](#)

[Non-pharmacological advice for insomnia](#)

[Social prescribing](#)

[Reducing the health impacts of ambient air pollution](#)

Other related topics

[Reduce routine inpatient blood testing](#)

[How to communicate about climate change with patients](#)