

Palliative Care Sustainability Network Newsletter: December 2022



Welcome to our first PallCareSusNet newsletter!

We aim to produce one around every 2/3 months. We'll share what's happening in the network, upcoming events and related sustainability news.

We'd also love to hear from you- if you have examples of sustainable action at your workplace, please share with us at pallcaresusnet@gmail.com.

First PallCareSusNet webinar: *'I feel very inspired to make a difference'*

We held our first webinar 'Greener Palliative Care' in November. We shared the case for change, the drivers including the [NHS Net Zero plan](#), and heard from [Greener Practice](#), St Joseph's Hospice in Hackney, Great Ormond Street and The Christie in Manchester about the practical steps they are taking towards more sustainable healthcare. We plan to hold another webinar in February- look out for updates on our mailing list, network page, and social media.

Hospice UK Conference sustainability panel discussion

PallCareSusNet joined [Dorothy House Hospice](#) and [JDDK architects](#) to speak at a panel discussion on 'the business case for environmental sustainability.'

Hospice UK have now formed a new group 'Environmental Sustainability for Hospices'. Please contact Paul Fraser for joining details: p.fraser@hospiceuk.org.

Nursing Times Workforce Award Winner

Angela Hayes, one of our founding members, and her team at The Christie won [Best Social Responsibility Programme](#) for their work on engaging the local community in the climate crisis as a health emergency. Huge congratulations and great to see this work being recognised.

Sustainability in Clinical Care

- Recent BMJ article about reducing unnecessary routine inpatient blood testing: <https://www.bmj.com/content/379/bmj-2022-070698>
- Reversing the reversible to reduce the need for blood transfusion- fantastic [poster](#) from Hospice UK conference so relevant to palliative care clinic practice.
- [Pharmacy Declares](#) shared the news that [a grant has been awarded to develop a 'Green BNF'](#)

Building/green spaces: Did you know you can gift an [NHS Forest tree for Christmas?](#)

Waste: the RCN have a [Gloves Off campaign](#) including resources for your workplace to reduce the number of gloves used unnecessarily.

Stay in touch:

Look out for updates on our [Centre for Sustainable Healthcare Network Page](#)

Via twitter [@pallcaresusnet](#) or on our facebook group

And you can always email us at pallcaresusnet@gmail.com