**Can your patient switch to a ‘greener’ inhaler?**

**Things to consider:**

* **Device consistency with preventer and reliever inhaler?**
* **If one is a DPI, is the patient able to demonstrate good inhaler technique with adequate inspiratory effort (with no powder residue remaining in capsule/mouth)?**
* **Can they take a forceful deep breath in?**
* **Are there any other co-morbidities that need to be considered**

**(ie. dexterity, arthritis, vision)/?**

**\*\*ANY CHANGE SHOULD BE PATIENT CENTERED\*\***

**SWITCH OPTIONS FOR THE MOST COMMONLY USED INHALERS**

|  |  |
| --- | --- |
| **MDI** | **DPI** |
| **Salbutamol 100 pMDI** | **Salbutamol 100 Easyhaler** |
| **Clenil 100 pMDI 2p BD** | **Beclometasone 200 Easyhaler 1p BD or Pulmicort Turbohaler 100 2p BD** |
| **Fostair 100/6 MDI** | **Fostair 100/6 Nexthaler** |
| **Fostair 200/6 MDI** | **Fostair 200/6 Nexthaler** |
| **Seretide/Sirdupla 125 2p BD MDI** | **Relvar Ellipta 92/22 OD or**  **Fostair 100/6 Nexthaler 2p BD** |
| **Seretide/Sirdupla 250 2p BD MDI** | **Relvar Ellipta 184/22 OD or**  **Fostair 200/6 Nexthaler 2p BD** |

**\*See Inhaler Summary Chart and guidelines for full range of devices available**

**Consider MART for patients with mild/moderate asthma:**

* **Fostair NExthaler 100/6 or Symbicort Turbohaler 100/6 or 200/6**

**Remember:**

Send AccuRx of Right Breathe video on inhaler technique.