



DRAFT TERMS OF REFERENCE

‘Thrive LDN’s Climate, Environment and Mental Health Action’ Forum

Part of Thrive LDN’s new Climate and Mental Health Partnership Programme, the Forum will be a pan-London space to connect individuals and communities with multi-sector organisations to enable more effective, co-produced, and joined-up action on climate, nature and mental health.

Endorsed and supported by a wide range of stakeholders and partners, who will make up some of the initial membership, it will centre voices of community representatives, those with lived experiences of mental ill health and those most deprived socio-economically.

Overarching aims of Thrive LDN’s Climate and Mental Health Action Partnership Programme

- Create a London in which everyone – especially marginalised, excluded, and vulnerable groups – can take meaningful climate action in their communities while also improving their mental health
- Create more opportunities for communities to influence the people who make climate and mental health-related policies that affect them
- Create more opportunities for cross-sector collaboration on policy and activities with co-benefits for climate and mental health.

Key aims of the forum

The Forum’s scope and work will be shaped by its members. Based on initial conversations with stakeholders, the key aims are to:

- Create a supportive platform that helps members to learn from collective efforts and share intelligence and best practice
- Co-develop an associated work programme and identify resources to support this work’s development and implementation
- Focus support offers on those most deprived socio-economically and/ or belonging to communities who have historically been marginalised and socially excluded
- Shape the development of a public mental health response to communities dealing with the climate-nature crisis.

Format

- **Title** – Thrive LDN’s Climate, Environment and Mental Health Action Forum (tbc)
- **Frequency** – Every other month (6 times yearly)
- **Duration** – 1.5 hours
- **Location** – it is anticipated that most of the meetings will be online, however we will take a steer from members.
- **Chair** – Thrive LDN
- **Secretariat** – Thrive LDN

Membership

Open to all, the Forum will seek to enable conversations between many people, including those with relevant lived experience, national and regional climate and environment-focused organisations, voluntary and community sector organisations, community leaders, health and social care partners, academia, and local and regional government. Based on initial conversations with stakeholders, we have outlined some potential representatives below:

- **Climate/environment organisations** – Natural England
- **VCSE organisations**
- **Cultural organisations** – London Arts and Health, Stanley Arts
- **Educational institutions** – Universities U.K., London Higher
- **Academic networks** – KCL, UCL, Imperial (Climate Cares), PHI-UK, CAMHRA
- **Public sector organisations** - utilise our public sector partnerships: ICBs, LAs, GLA (colleagues from Culture and CYP teams), London Councils, TfL (Corporate Sustainability)
- **Private sector organisations** – with finance sector through the This is Me campaign (for better mental health in the workplace); Sustainable Ventures.
- **Young people**
- **Activist organisations**
- **People with lived experience of mental ill health**
- **Community representatives**

The group may identify other members to join during where it has identified an area of specialism or gap in skills.

Proposed Standing Agenda Items

- Welcome and Introductions
- Review of Notes and Action Log
- Thrive LDN & Member Updates
- Presentations slots (e.g., x3)
- AOB.

Remuneration

As per Thrive LDN's remuneration statement, payments will be available to a number of attendees who are not being paid to attend by their organisation; this will include freelancers, young people and experts by lived experience. These payments will include preparation and meeting time. Please let us know if this applies to you ahead of the meeting and a member of the Thrive LDN team will be in touch to confirm the process. This will be in line with Thrive LDN budget availability.

Terms of Reference review

These Terms of Reference will be reviewed and updated at the first Forum meeting and revisited as and when required. Any proposed changes will be discussed with Forum members.

Contact

For more information, please contact Ben Rossington, Project Officer, Thrive LDN (info@thrivedn.co.uk).